



# LUNCH MENU

*To indulge you every day...*



Includes:

- *One Starter of your choice*
- *One Main Course of your choice*
- *Bread, Drink, and Coffee included*

14,95€

Starters (to choose from)

- *Russian Salad*
- *Tomato with Tuna Loins*
- *Chicken Gyozas (4 pcs)*
- *Goat Cheese Salad with Vinaigrette and Honey*

Main Courses (to choose from) with a choice of side (Homemade Potatoes, Sautéed Vegetables, or Creamy Mashed Potatoes)

- *Gratinated Cod with Alioli and side*
- *Grilled Tuna with side*
- *12 Japanese Rolls (4 Salmon California Rock Roll, 4 Tempura Shrimp Roll, 4 Tempura Chicken Roll)*
- *Grilled Chicken Breast with "Consentida" Sauce and side*
- *Grilled Iberian Pork Secreto with side*
- *House Rice (available only on Fridays)*

*1 Drink, 1 Bread, and 1 Coffee included*

*Available from Monday to Friday. Not on public holidays.*

[www.laconsentidacaprichosa.com](http://www.laconsentidacaprichosa.com) | **para consentir a los tuyos...**

*precios expresados en EUROS con impuestos incluidos. Todas las opciones están sujetas a disponibilidad*



## Suggested Combinations:

### *Timeless Flavors with the Best Tradition* - **Mediterranean Tradition Menu**

Starter: Russian Salad

Main Course: Gratinated Cod with Alioli and side

### *Freshness of the Sea in Every Bite* - **Delights of the Sea Menu**

Starter: Tomato with Tuna Loins

Main Course: Grilled Tuna with side

### *A Taste of Japan in Every Bite* - **Japan Fusion Menu**

Starter: Chicken Gyozas (4 pcs)

Main Course: 12 Assorted Japanese Rolls (4 Salmon Roll, 4 Tempura Shrimp Roll, 4 Tempura Chicken Roll)

### *Simple, Natural, and Full of Flavor* - **Countryside Flavors Menu**

Starter: Goat Cheese Salad with Vinaigrette and Honey

Main Course: Grilled Chicken Breast with “Consentida” Sauce and side

### *Authentic Grilled Flavor* - **Grill & Tradition Menu**

Starter: Russian Salad

Main Course: Grilled Iberian Pork Secreto with side

### *Light, Fresh, and Balanced* - **Vitality & Freshness Menu**

Starter: Goat Cheese Salad with Vinaigrette and Honey

Main Course: Grilled Tuna with side

### *The Perfect Rice, with the Best Touch of the Sea or Land* - **Chef’s Rice Menu**

Starter: Tomato with Tuna Loins

Main Course: House Rice (available only on Fridays)